

Sanshinkai Aikido Utrecht Five Year Anniversary 29 - 30 November 2013

Sanshinkai Aikido Utrecht celebrates its **five year anniversary** with a special seminar with the following teachers:

- Michele Quaranta, 6th dan
- Jelena Vrzić, 6th dan
- Eric Graf, 4th dan
- Sander van Geloven, 3rd dan

Schedule for this celebrational event is:

- Friday 29 November 2013
training from 19:00 until 22:00
- Saturday 30 November 2013
training from 10:00 until 13:00 and
training from 14:30 until 17:30
- Saturday 30 November 2013
dinner and party 19:00 until late

All trainings will have a small break.

Location is **Tamboersdijk 9** in Utrecht with free parking and good public transport. Dinner and party location will be announced during seminar. Note that all trainings are at your **own risk**.

Please arrive at least **20 minutes before** each training and bring along:

- zori, keikogi and hakama (yudansha)
- no jo and no bokken (leave at home)
- U-pas of student card (for discount)

We provide a basic lunch for free.

Prices are (for U-pas or students):

- three trainings € 50,- (€ 40,-)
- two trainings € 40 (€ 30,-)
- one training € 30 (€ 20,-)

Reserve full seminar **before 1 October** and get € 10,- extra discount. **Priority** is given to registration complete seminar.

Obligatory registration via **email** for:

- seminar
- dinner and party
- free accommodation



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