

Aikido seminar

15-16 October 2011

Jelena Vrzić 5th dan

Jelena Vrzić sensei started practising aikido in 1979 in Belgrade, Serbia. She was the first woman to receive shodan in the former Yugoslavia. Now, after more than 30 years of continuous and dedicated training, she will be giving a seminar for the second time in the Netherlands.

Teachers and colleagues who inspire her are Stanojević sensei, Tada sensei, Fujimoto sensei, Hosokawa sensei, Ikeda sensei, Zucco sensei and Quaranta sensei. Characteristic in her trainings is breathing, jo and aiawase.

Participation is open and at your own risk. Prior reservation is recommended. Bring jo, bokken and your own lunch. Fruit and drinks will be provided.

合気道

Dates and times

Saturday 15 October
10:00-12:30 & 15:00-17:30
Sunday 16 October
10:00-12:30 & 15:00-17:30

Location

Van Lieflandlaan 117
3571 AA Utrecht, Netherlands

Prices

4 trainings €50 2 trainings €35
3 trainings €45 1 training €20

Discounts

U-pas 50% students 25%

Reservation

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